

## 21<sup>st</sup> Century Healthy Living Lesson

**Grade: 8**

**Unit:** Healthy Relationships

**Driving Question:** You're keeping the baby. Now what?

**Curriculum Outcomes:**

2.10 evaluate the different options related to unintended pregnancy and explore the challenges related to each of these options, including the challenges of teen parenting

2.8 practice the ability to listen to a peer to understand another's needs and circumstances, express understanding, and support them in getting help in relation to physical, mental, and social health concerns

**Expected Time:** 2 - 60 minute classes

First class will open with introduction. Make sure the last 5 minutes is you checking in on student progress and reminding them of where we're going with their assignment.

Second class will open with review of the Driving Question and what you're looking for in their finished products.

**Resources:**

- Opening presentation to introduce assignment <http://goo.gl/BubuKK>
- Devices to find information and create video. These could be: iPads, netbooks, student's own devices, etc.
- Student handout <http://goo.gl/RqZQMY>

**Lesson Procedure**

**21<sup>st</sup> century skills**

**Teacher does (I Do):**

Open class with video presentation showing the various apps and options you can use to create a virtual blog. This will also introduce the driving question: "You're keeping the baby. Now What?"

Tell students they will be taking on the role of either the pregnant girl or the father of the baby. They will be answering their questions based on the role they choose.

- find, validate
- remember, understand
- collaborate, communicate
- analyze, synthesize
- critical thinking
- evaluate, leverage
- create, publish
- citizenship

**Individual student work (You Do):**

Hand out the assignment that outlines the questions students need to answer. They are divided into 2 mind maps. The first

- find, validate
- remember, understand
- collaborate, communicate
- analyze, synthesize

<p>map centers on deciding to keep the baby and the second centers on baby coming home from the hospital.</p> <p>Give students times to plan their answers and look up any needed information (i.e. What is prenatal care?).</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> critical thinking</li> <li><input type="checkbox"/> evaluate, leverage</li> <li><input type="checkbox"/> create, publish</li> <li><input type="checkbox"/> citizenship</li> </ul>
<p><b>Group work (We Do):</b></p> <p>Once students have planned their responses, they will work with 1-2 others to look at some of the apps and options available to create their final product.</p> <p>When they decide what to use, they can either work on an individual blog or create a group blog to showcase their responses.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> find, validate</li> <li><input type="checkbox"/> remember, understand</li> <li><input checked="" type="checkbox"/> collaborate, communicate</li> <li><input type="checkbox"/> analyze, synthesize</li> <li><input type="checkbox"/> critical thinking</li> <li><input checked="" type="checkbox"/> evaluate, leverage</li> <li><input checked="" type="checkbox"/> create, publish</li> <li><input checked="" type="checkbox"/> citizenship</li> </ul>
<p><b>Class share (We Share):</b></p> <p>Choose 2-3 blogs to show the class and discuss their responses. Some of the answers should differ depending on what point of view they come from.</p> <p>Be prepared to discuss whether the boy should have more responsibility required of him, what happens if they break up (or were never together romantically), etc.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> find, validate</li> <li><input type="checkbox"/> remember, understand</li> <li><input checked="" type="checkbox"/> collaborate, communicate</li> <li><input type="checkbox"/> analyze, synthesize</li> <li><input checked="" type="checkbox"/> critical thinking</li> <li><input type="checkbox"/> evaluate, leverage</li> <li><input type="checkbox"/> create, publish</li> <li><input checked="" type="checkbox"/> citizenship</li> </ul>
<p><b>Lesson Wrap Up:</b></p> <p>Make sure you take the last 3-5 minutes of each class to check in with the class and see how they are doing. You can thank them for their hard work and effort, remind them of what they've done and where they're going in the assignment, etc.</p>	
<p><b>Differentiation/Modification/Enrichment:</b></p> <p>Some students may require help finding their information and using the apps to complete the assignment. They can be paired with someone to complete the assignment together.</p> <p>If a student has covered all the required information and would like to add to their assignment, they have the freedom to do so within their blog. Also, students with more experience creating videos can enhance their project through mixed media, app smashing, etc.</p>	
<p><b>Assessment:</b></p> <p>The student handout has a checklist for students to use to ensure they've covered all the requirements in their assignment. This will serve as a quick check before viewing the final product and assigning a grade.</p>	

**Teacher Reflection:**