

21st Century Healthy Living Lesson

Grade: 8

Unit: Healthy Community

Driving Question: Who's it hurting?

Curriculum Outcomes:

3.16 examine the impacts of substance use and gambling, both legally sanctioned and illegal activities have on communities

2.7 examine the role of bystander in cases where a peer/friend is experiencing emotional, physical, psychological harm and practice scenarios that show support and help

Expected Time: 2 - 60 minute classes

Resources:

- [Case Study Scenarios](#)
- Class set of iPads, netbooks or computers. Could also use student's own devices if possible
- [Exit Pass](#)

Lesson Procedure

21st century skills

Teacher does (I Do):

Open class with the survey question "Is alcohol a drug?" using a [PollEverywhere](#) account. Options should be Yes, No or Sometimes so that you can have a discussion once voting is completed. Some students may argue that alcohol is only sometimes a drug and may present valid reasoning. Encourage their exploration into the topic while maintaining a positive, safe environment. Tell class that today they will be looking at different case studies to determine who's hurting in the situation and what can be done to support those in need.

* Remind students that this is a sensitive topic and needs to be treated respectfully as you may not know the home life of everyone in the room.

- find, validate
- remember, understand
- collaborate, communicate
- analyze, synthesize
- critical thinking
- evaluate, leverage
- create, publish
- citizenship

Individual student work (You Do):

Give each student 1 of the 5 scenarios and allow them time to

- find, validate
- remember, understand
- collaborate, communicate

<p>read the scenario and questions being posed alone before moving into groups to work on the activity. This will give students a chance to form their own opinions on the topic before collaborating with others.</p>	<input checked="" type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input type="checkbox"/> evaluate, leverage <input type="checkbox"/> create, publish <input type="checkbox"/> citizenship
<p>Group work (We Do):</p> <p>Have students get into groups with others who have the same case study. Give them time to discuss the scenario and initial responses as a group before attempting to finalize answers on their guiding questions. Have groups decide on a way to present their results, whether it be a traditional PowerPoint, Prezi or some other presentation app they would like to use. Groups could also choose to create a video to present their ideas.</p>	<input type="checkbox"/> find, validate <input checked="" type="checkbox"/> remember, understand <input checked="" type="checkbox"/> collaborate, communicate <input checked="" type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input checked="" type="checkbox"/> evaluate, leverage <input checked="" type="checkbox"/> create, publish <input type="checkbox"/> citizenship
<p>Class share (We Share):</p> <p>There are only 5 separate scenarios so each group should have time to present their findings. Encourage class to discuss each situation while maintaining a safe place to talk.</p>	<input type="checkbox"/> find, validate <input type="checkbox"/> remember, understand <input checked="" type="checkbox"/> collaborate, communicate <input type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input checked="" type="checkbox"/> evaluate, leverage <input type="checkbox"/> create, publish <input checked="" type="checkbox"/> citizenship
<p>Lesson Wrap Up:</p> <p>Have class complete the exit pass before leaving class. Collect so results can be recorded in Power School. Thank class for their work.</p>	
<p>Differentiation/Modification/Enrichment:</p> <p>Some students may need assistance reading the scenario they've been given and can be paired with a stronger student to work on the questions that accompany the scenario.</p>	
<p>Assessment:</p> <p>Record group work and exit passes as a formative assessment in Power School. Future lessons will focus on more summative assessments.</p>	
<p>Teacher Reflection:</p>	