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3.16 examine the impacts of substance use and gambling, both legally sanctioned and illegal activities have on communities 2.7 examine the role of bystander in cases where a peer/friend is experiencing emotional, physical, psychological harm and practice scenarios that show support and help

Directions

Read the case study and try to answer the questions on your own before working with your group. When ready, join together with your group to discuss the case study and create a presentation of your findings. The presentation can be a PowerPoint, Prezi, video, etc.

Case Study #1

Billy's grandfather enjoys what he calls "a good drink." As long as he can remember, there have been little comments and jokes made about Papa and his drinks. Lately, though, things seem to be getting out of hand. Sometimes when Papa comes over for supper, he passes out in the living room and stays there throughout the meal. Those are actually the good times. Other times he sits at the table and seems to pick a fight with whoever is close to him. One night he threw a punch at Billy's dad for taking the car keys from him. He did not get his keys back, so he took off walking down the road towards his home over 3km away, and Billy's uncle had to go get him.

- 1. What do you suspect is the problem here?
- 2. How does the behavior of Billy's Papa affect the others in the family?
- 3. How might it affect his life outside the home?
- 4. What options does this family have to get help for Billy's Papa?
- 5. What might get in the way of getting help?

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Case Study #2

About six months ago, John's dad was involved in a car crash that left him with a broken hip. He was prescribed a painkiller to help with the pain, and he has been taking it ever since. Although he went back to work about six weeks after the accident, he has started missing quite a bit of time the past few weeks, and this week he has not gone to work at all. No one has said anything, but John wonders if his father may have lost his job. He seems to have a lot of doctor's appointments, one with a new family doctor that is in a different town. John's dad seems to be in his own world, and his mom seems angry.

- 1. What do you suspect is the problem here?
- 2. How does the behavior of John's dad affect the others in the family?
- 3. How might it affect his life outside the home?
- 4. What options does this family have to get help for John's dad?
- 5. What might get in the way of getting help?

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Case Study #3

Donna has always looked up to her older brother. He has always been so full of life and into so many things; it just always seems that the house is full of life when he is home. He is very good to Donna, too, driving her to where she needs to go and making sure he picks her up again. But since he started grade 11, things seem different. He is still as popular as ever and spends a lot of time with friends. When he is home, however, he just seems to sit around a lot without much to say, or he just stays in his room. He is out late every Thursday and Friday night. He pays very little attention to Donna, and she has heard him yelling back and forth with their dad.

- 1. What do you suspect is the problem here?
- 2. How does the behavior of Donna's brother affect the others in the family?
- 3. How might it affect his life outside the home?
- 4. What options does this family have to get help for Donna's brother?
- 5. What might get in the way of getting help?

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Case Study #4

Tyler's mother has always enjoyed a good drink and a good party with friends. Lately, however, it seems to Tyler that she is drinking more often and at different times than before, including in the morning. When Tyler gets home from school, he can smell alcohol on his mother, and sometimes it is even noticeable when he opens the front door. Sometimes, his mom comes out to greet him, talking about things he cannot understand, slurring her words and staggering. The worst times are finding her asleep on the couch smelling like alcohol. Tyler is embarrassed by her behavior. He has stopped inviting his friends around and makes excuses so that he does not have to invite his mother to school events.

- 1. What do you suspect is the problem here?
- 2. How does the behavior of Tyler's mother affect the others in the family?
- 3. How might it affect her life outside the home?
- 4. What options does this family have to get help for Tyler's mother?
- 5. What might get in the way of getting help?

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Case Study #5

Ivy's mom has been taking a tranquillizer for well over a year to help her with feelings of anxiety and not being able to sleep. Recently, Ivy heard a news story on television that said no one should take that type of drug for more than three to four weeks at a time as it can lead to dependency and withdrawal symptoms when trying to stop the drug. Ivy has noticed a few changes with her mother lately. Twice she has forgotten to pick Ivy up at a friend's house, which never happened before. Ivy's mom always had supper on the table, but now it seems that Ivy is always looking for something to make for supper for her little sister, as her mom is in her room with the door closed. She seems to be taking more of the pills than when she started, and she seems to be sadder than a few months back. Ivy is worried about her mother.

- 1. What do you suspect is the problem here?
- 2. How does the behavior of Ivy's mother affect the others in the family?
- 3. How might it affect her life outside the home?
- 4. What options does this family have to get help for Ivy's mother?
- 5. What might get in the way of getting help?