

Who decides what's beautiful? Group Handout

Names: _____

Outcome: 3.15 critically analyze industry's impact on body image and healthy eating

1. Watch the following set of videos together and discuss whether or not awareness of body image problems in society is enough to change how society presents itself.

[Beauty Standards Around The World](#)

[Female Beauty Around The World](#)

[Men's Standards Of Beauty Around The World](#)



2. Write a public service announcement telling others to love themselves for who they are, not what society pressures them to be. Record this using [audioBoom](#) to share with the class.

3. Create a collage of images of stylized, airbrushed, photoshopped images. Somewhere in your collage, use the tagline "Love Your Body, Not Theirs." You can use [PicCollage](#), [ComicBook!](#) or another program of your choice to create the collage. Make sure you can send it to me when you're finished.

4. Watch this [video of Chantelle Brown-Young](#) and have a group discussion on her courage and commitment for standing up and deciding to look for the beautiful in everything.

