

## 21<sup>st</sup> Century Healthy Living Lesson

**Grade: 8**

**Unit:** Healthy Community

**Driving Question: What does it mean to be safe online?**

### Curriculum Outcomes:

3.13 assess the benefits and risks of online technology and make healthy and responsible decisions that reduce the risk of exploitation and victimization

### Expected Time:

2 – 60 minute classes

### Resources:

- [Screencast](#)
- [PowerPoint](#) – available for download on this site
- [Opening Pass](#) – What would you do? (8 different scenarios)
- [Group handout](#) – 2 per sheet
- Class set of iPads, netbooks or computers. Could also use student’s own devices if possible

### Lesson Procedure

### 21<sup>st</sup> century skills

Teacher does (I Do):

Open class with a [PollEverywhere](#) open-ended question asking students, “What do you do online?” Tell them that this can be through a traditional computer, iPad or cell phone – anything that has internet access. Answers will vary. On the board, write the headings **Talk**, **Shop** and **Play**. Tell students that outside of school or work most of what we do online falls under these headings. Have a class discussion as you sort their answers into the 3 categories about how they stay safe online while doing these things. Use the [PowerPoint](#) or [Screencast](#) to review 6 of the most common dangers that can occur online.

- find, validate
- remember, understand
- collaborate, communicate
- analyze, synthesize
- critical thinking
- evaluate, leverage
- create, publish
- citizenship

Individual student work (You Do):

Give students the [opening pass](#) and some time to write what they would do in a given situation. Some students may need help if they don’t shop online yet or know what PayPal is – you may have to use the ones that work for your class instead of all 8 scenarios.

- find, validate
- remember, understand
- collaborate, communicate
- analyze, synthesize
- critical thinking
- evaluate, leverage

	<input type="checkbox"/> create, publish <input type="checkbox"/> citizenship
<p><b>Group work (We Do):</b></p> <p>Have groups of 2-3 students work together on the <a href="#">group handout</a>. They will be looking for tips for being safe online – at least 1 tip for each of the dangers we discussed and any others they feel are important.</p> <p>When finished their list they will be creating a game out of their results using one of the <a href="#">Be a Gameshow Host</a> templates.</p>	<input checked="" type="checkbox"/> find, validate <input checked="" type="checkbox"/> remember, understand <input checked="" type="checkbox"/> collaborate, communicate <input type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input type="checkbox"/> evaluate, leverage <input checked="" type="checkbox"/> create, publish <input checked="" type="checkbox"/> citizenship
<p><b>Class share (We Share):</b></p> <p>Have 1-2 groups share their games with the class for teaching online safety. Have a class discussion on any tips other groups have that were not used. Remind students that if a deal looks too good to be true online, it probably isn't real.</p>	<input type="checkbox"/> find, validate <input type="checkbox"/> remember, understand <input checked="" type="checkbox"/> collaborate, communicate <input type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input type="checkbox"/> evaluate, leverage <input type="checkbox"/> create, publish <input checked="" type="checkbox"/> citizenship
<p><b>Lesson Wrap Up:</b></p> <p>Thank class for their work. Ensure you have access to all games for grading.</p>	
<p><b>Differentiation/Modification/Enrichment:</b></p> <ul style="list-style-type: none"> <li>• Pair students who need support with stronger students</li> <li>• Students who finish quickly could look up some Canadian laws surrounding online crime and report to the class what they find out.</li> </ul>	
<p><b>Assessment:</b></p> <p>Record opening passes in Power School for completion as a formative assessment. Grade games on a 1-4 grading scale based on content and record in Power School.</p>	
<p><b>Teacher Reflection:</b></p>	