

21st Century Healthy Living Lesson

Grade: 8

Unit: Healthy Self

Driving Question: What are good 21st century employability skills? Pt. 2

Curriculum Outcomes:

1.4 assess their strengths, skills, abilities, and interests in relation to employability skills

Expected Time: 1 – 60 minute class

Resources:

- [PowerPoint Presentation](#) – click on link found at this site to download PPT
- [Screencast of Presentation](#)
- Class set of iPads, netbooks or computers. Could also use student's own devices if possible
- [Summary of student's top 10 skills handout example](#) – also an editable word file on site
- [Mind map template](#) for students not using tech in group work

Lesson Procedure

21st century skills

Teacher does (I Do):

Open class with PowerPoint presentation reminding students about what employability skills are and the role of the subjects taught in school in developing those skills. Tell students that there are many companies in the world that use an employability standard assessment to check employee abilities before they hire new workers. Show them this [cross-section](#) of skill assessments by a selection of U.S. agencies. Point out the common theme of effective relationships in all samples as well as critical thinking and technology use in most assessments. This should give students an idea of the importance of developing these skills for future use.

- ☐ find, validate
- ☒ remember, understand
- ☐ collaborate, communicate
- ☐ analyze, synthesize
- ☐ critical thinking
- ☐ evaluate, leverage
- ☐ create, publish
- ☒ citizenship

Individual student work (You Do):

Hand out the summary of the classes chosen top 10 skills and give students time to rate their abilities on a scale of 1-4, where 1 is needs work and 4 is well-developed. Tell students to rate themselves honestly if they hope to get anything out of the activity. Remind them that their grade will not be any better/worse for giving themselves a 1 on an area. The 1 just indicates their willingness to be honest with themselves. Once

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<p>completed, have students answer the reflection questions on their skills.</p>	
<p>Group work (We Do):</p> <p>Have students come together in groups of 2-4 to discuss ways of developing the skills that need improvement. Groups could be completely random or chosen based on strengths and challenges found in their self-assessments. Have students develop a mind map of at least one skill listed and possible activities that could be done in school to improve their employability skills. This can be done on the attached worksheet, or through an app like Inspiration Maps or SimpleMind.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> find, validate <input type="checkbox"/> remember, understand <input checked="" type="checkbox"/> collaborate, communicate <input checked="" type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input type="checkbox"/> evaluate, leverage <input checked="" type="checkbox"/> create, publish <input checked="" type="checkbox"/> citizenship
<p>Class share (We Share):</p> <p>Have 1-2 groups share their mind maps and explain some of the activities they believe will help develop their employability skills. Have a brief class discussion about some of their ideas and the possibility of implementing some of their ideas in future lessons.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> find, validate <input type="checkbox"/> remember, understand <input checked="" type="checkbox"/> collaborate, communicate <input type="checkbox"/> analyze, synthesize <input checked="" type="checkbox"/> critical thinking <input type="checkbox"/> evaluate, leverage <input type="checkbox"/> create, publish <input checked="" type="checkbox"/> citizenship
<p>Lesson Wrap Up:</p> <p>Thank students for their work and collaboration. Have all self-assessments and group work handed in for review.</p>	
<p>Differentiation/Modification/Enrichment:</p> <p>If students finish quickly and need some enrichment, direct them to the Conference Board of Canada's Employability Skills 2000+ and Innovation Skills Profile 2.0 for a more in depth look at skills needed in today's workforce. They can assess themselves based on those documents or brainstorm ways to develop those skills while still in school.</p>	
<p>Assessment:</p> <p>Check student self-assessments for completion and mark reflection out of 4 based on student's willingness to be open and honest when assessing their strengths, skills, abilities and interests against the chosen employability skills. Check group work for completion and record as a formative piece in Power School.</p>	
<p>Teacher Reflection:</p>	