

Putting Your Best Foot Forward – A Look at your skills

Name: _____

Outcome: 1.5 select items for and maintain a Life Work portfolio

1. Click on this QR code to take a [Multiple Intelligences test](#). When finished, print your wheel to include in your portfolio. When finished, answer the following:

- What areas do you need more development?

- What activities do you think you can do to help develop these areas?



2. Click on this QR code to complete a [Self-Assessment Survey](#) from the University of Toronto. When completed, print your assessment results to include in your portfolio.



- Were you surprised by any of your results? Explain.

- If you have an idea of the kind of job you'd like to have, does these results make your future job choices more or less likely? Explain.
