

## Putting Your Best Foot Forward

Name: \_\_\_\_\_

Outcome: 1.5 select items for and maintain a Life Work portfolio

Within your group, brainstorm items you can use in your portfolio to show your development in each of these sections. Record your answers on the [Padlet](#) wall I have opened for you.

Section	Things to know
Academic skills	Reading, writing and math <ul style="list-style-type: none"><li>• read and understand written information</li><li>• listen to and understand what others say</li><li>• write so that others can understand and use what you have written</li><li>• speak so that others can understand what you mean</li><li>• understand and apply mathematics problem-solving strategies</li><li>• use problem-solving skills</li></ul>
Personal skills	Personal skills help you handle responsibility and include the attitudes and habits you bring to your life and work. This means being dependable, working hard, doing your best, being honest, and caring about your job.
Social skills	Social skills help you interact with others. These skills are important because most people will work as part of a team to organize, plan, execute, and evaluate their work. Working co-operatively with others involves caring and sharing.
Self-Assessment	How do you assess your personal development? What shows your personal growth?
About you	How can you let someone know more about you? What about your goals and plans for the future?
Report Cards	How will report cards model your success?
Research and Resources	What projects, assignments or other items model your growth as a person? Do you have any certificates or awards that model growth?