

Cut out each strip and organize them on the pyramid chart. The most basic needs go on the bottom and move up from there.

Esteem – feelings of accomplishment, respect of/by others, confidence, achievement, prestige

Physiological – food, water, shelter, clothing, warmth, rest

Love and Belonging – friends, family, sense of connectedness, intimacy

Self-Actualization – experience purpose, meaning and inner potential, creativity, morality, acceptance

Safety – family and social stability, sound body, secure, out of danger