

How Do We Communicate Effectively In Relationships?

Name: _____

Outcome: 2.6 identify healthy and unhealthy relationships and demonstrate assertiveness skills to communicate thoughts and feelings within primary relationships

“Most people do not listen with the intent to understand; they listen with the intent to reply.”

Read the quote above and write what you think this quote means. What is it trying to tell us about communication in relationships?

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“Communication is the life line of any relationship. Without it, the relationship will starve to death.”-Elizabeth Bourgeret

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“Two things can destroy any relationship: Unrealistic Expectations and Poor Communication.”

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“A beautiful thing happens when we start paying attention to one another. It is by participating more in your relationship that you breathe more life into it.”- Dr. Steve Maraboli

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“All relationships have one law: Never make the one you love feel alone, especially when you’re there.”

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“Sometimes, what a person needs is not a brilliant mind that speaks, but a patient heart that listens.”

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