

## 21<sup>st</sup> Century Healthy Living Lesson

**Grade: 8**

**Unit:** Healthy Relationships

**Driving Question:** What can you do if you're 14 and pregnant?

**Curriculum Outcomes:**

2.10 evaluate the different options related to unintended pregnancy and explore the challenges related to each of these options, including the challenges of teen parenting

2.8 practice the ability to listen to a peer to understand another's needs and circumstances, express understanding, and support them in getting help in relation to physical, mental, and social health concerns

**Expected Time:** 2 – 60 minute classes. Could extend to 3 if needed for video editing.

First class will open with introduction. Make sure the last 5 minutes is you checking in on student progress and reminding them of where we're going with the information they've collected.

Second class will open with review of the Driving Question and what you're looking for in their finished products.

If you feel a third class is needed for editing and sharing, remember to check in with the whole group at the end of the second class.

**Resources:**

- Opening video – clip showing how school students react to pregnant classmate (1:02)  
[http://viewpure.com/Tnqgudn\\_5c0](http://viewpure.com/Tnqgudn_5c0)
- Opening Power Point <http://goo.gl/SdWE0R> – use yourself or the screen-casted version to introduce the driving question. Screencast: <http://goo.gl/lwFOIy>
- Devices to find information and create video. These could be: iPads, netbooks, student's own devices, etc.
- Student assignment handout <http://goo.gl/6dT2ji>
- Student reflection handout <http://goo.gl/zaknMz>

**Lesson Procedure**

**21<sup>st</sup> century skills**

**Teacher does (I Do):**

Open class with video clip of Gabriela's 1<sup>st</sup> Day.  
Ask the class if they think this happens a lot when a classmate is pregnant? How do they think it would feel to be that girl? Would it be different for her partner, assuming they are still together?

Use Power Point to introduce the driving question for this assignment. What can you do if you're 14 and pregnant?

- find, validate
- remember, understand
- collaborate, communicate
- analyze, synthesize
- critical thinking
- evaluate, leverage
- create, publish
- citizenship

<p><b>Individual student work (You Do):</b></p> <p>Assign students 1 of the 3 options – abortion, adoption or keeping baby. This can be done through student choice or randomized by the teacher. Ensure all 3 options have someone looking for research.</p> <p>Give students 30-40 minutes to look for information on their pregnancy option using the handout as a guide for needed information.</p>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> find, validate</li> <li><input type="checkbox"/> remember, understand</li> <li><input type="checkbox"/> collaborate, communicate</li> <li><input checked="" type="checkbox"/> analyze, synthesize</li> <li><input checked="" type="checkbox"/> critical thinking</li> <li><input type="checkbox"/> evaluate, leverage</li> <li><input type="checkbox"/> create, publish</li> <li><input type="checkbox"/> citizenship</li> </ul>
<p><b>Group work (We Do):</b></p> <p>Have students work in groups of 2-3 to create a video public service announcement about their pregnancy option. They should create a storyboard of the action before attempting to create the video so they can assign shots and images to their information.</p> <p>As you circulate, remind groups about the required information outlined on their handout.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> find, validate</li> <li><input type="checkbox"/> remember, understand</li> <li><input checked="" type="checkbox"/> collaborate, communicate</li> <li><input checked="" type="checkbox"/> analyze, synthesize</li> <li><input checked="" type="checkbox"/> critical thinking</li> <li><input checked="" type="checkbox"/> evaluate, leverage</li> <li><input checked="" type="checkbox"/> create, publish</li> <li><input type="checkbox"/> citizenship</li> </ul>
<p><b>Class share (We Share):</b></p> <p>Have at least 3 groups present their video to the class – 1 from each pregnancy option. After each video, give the class time to ask questions about each pregnancy choice. If the group doesn't know the answer, you can always look for the answer as a class.</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> find, validate</li> <li><input type="checkbox"/> remember, understand</li> <li><input checked="" type="checkbox"/> collaborate, communicate</li> <li><input type="checkbox"/> analyze, synthesize</li> <li><input checked="" type="checkbox"/> critical thinking</li> <li><input type="checkbox"/> evaluate, leverage</li> <li><input checked="" type="checkbox"/> create, publish</li> <li><input checked="" type="checkbox"/> citizenship</li> </ul>
<p><b>Lesson Wrap Up:</b></p> <p>Make sure you take the last 3-5 minutes of each class to check in with the class and see how the group is working. You can thank them for their hard work and effort, remind them of what they've done and where they're going in the assignment, etc.</p>	
<p><b>Differentiation/Modification/Enrichment:</b></p> <p>Some students may require help finding their information. They can be paired with someone to help them complete the research portion of the assignment.</p> <p>If a student/group has covered all the required information and would like to add to their assignment, they have the freedom to do so within the video. Also, students with more experience creating videos can enhance their project through mixed media, app smashing, etc.</p>	

**Assessment:**

The student handout has a rubric outlining the requirements for the video presentation so students know what is expected of their assignment.

After viewing the group presentations and class discussion, hand out the activity reflection sheet to have students answer some opinion questions related to the activity.

**Teacher Reflection:**