

Name: _____

Major Depressive Disorder (MDD) – Why you shouldn't delay treatment

Outcome: 1.2 demonstrate an understanding of the short and long term outcomes of delayed treatments for major depressive disorder and attention deficit disorder and identify possible treatment for these disorders

The QR code here links to a screencast on some of the symptoms of MDD. Many should be reminders from Grade 7, but take a look to refresh your memory.



As a group you are going to research the following questions and report back in the form of a PowerPoint, Prezi or other presentation app. If you would like to present in another format please ask before going ahead with it.

1. What happens to teenagers who suffer from MDD and do not get treatment?
2. Why is early treatment the best option for sufferers of MDD?
3. What are 3 short-term consequences of not getting treatment for MDD?
4. What are 3 long-term consequences of not getting treatment for MDD?
5. Where can you go, or who can you contact for help, if you or someone you know is suffering from MDD?

Here are 2 resources to get you started. Feel free to find your own to support your learning.

<http://teenmentalhealth.org/learn/mental-disorders/depression/>

http://www.mcf.gov.bc.ca/mental_health/pdf/dwd_writable.pdf